



Today's CITY OF GROTON Fall - Winter 2024-2025

It takes a Village to make City Day happen. Thanks to ALL our employees and volunteers who make this Annual Day a success!



City of Groton's Park & Recreation Program Brochure
Basketball, Swimming, Karate, Soccer, Adult Tennis and much more...

Online Registration: cityofgroton.recdesk.com

ADMINISTRATIVE OFFICES

Mayor

Keith Hedrick

Deputy Mayor

Gweneviere Depot

City Council

Erin Artale

Paul Norris

Stephen Sheffield

Christine Piazza

Tony Patterson



Parks and Recreation Department Staff

Director: Mary K. Hill

Admin Assist: Valerie Koschmieder

Department Contact Info

Recreation Office: 860-446-4128

Email: pr@cityofgroton.com

Beach and Parks Committee Members

William Borysewicz, Chairperson

Brian Clinton

Benjamin Moore

Stacy Popp

Devon Robarge

Gail Kelly

Scott Nadeau

Barry Tuohy

Jennifer Smith

The Committee meets the second Wednesday of each month at 7:00 pm at the City Municipal Building in Room Council Chambers

Office Location

City of Groton, Municipal Building
295 Meridian St. Groton, CT 06340

Visit us on the Web

cityofgroton.com

Registration Policy

Registration is required for all programs. If the class does not reach its minimum enrollment, it will be cancelled. The Recreation Department reserves the right to cancel any program. Participants will be notified of all cancellations. Full payment of fees on all activities and classes must be made at the time of registration. Checks are payable to the "City of Groton"

ONLINE REGISTRATION IS AVAILABLE AT
<http://cityofgroton.recdesk.com>

Refund Policy

If the Recreation Department cancels a program/class, then a full refund will be given. Credit card processing fees are non-refundable. If a session is cancelled due to weather or other problems, an effort will be made to schedule a make-up session. If a make-up session cannot be scheduled, no partial refund will be made. Program cancellations due to weather conditions will be announced on Channels 3, 4, 6 & 8, 105.5, 104.7, 102.3 FM & 980 AM, or the individual may call the Recreation Department at 446-4128. Evening activities will be cancelled by 3:00 pm.

Whenever Groton schools are cancelled or close early, programs will be cancelled.

LOCAL CONTACT NUMBERS

Groton Little League (Baseball)	grotonpresidentll@gmail.com http://grotonlittleleague.com/
Groton Mystic Youth Football League/Cheer	grotonmysticfalcons@gmail.com
Groton Parks & Recreation	860-536-5680 29 Spicer Ave, Noank, CT 06340 parksrec@groton-ct.gov
Groton Soccer Club	grotonsoccer@yahoo.com
Groton/Mystic Lacrosse	Chad Frost 860-608-1528

860-446-4128

FAMILY SWIM

Avery Point Pool
1084 Shennecossett Road, Groton



Session I: Sundays, Sept 15 – Nov 17, 2024
(no swim on 10/13 & 11/10)

Session II: Sundays, Jan 5 – March 9, 2025
(no swim on 1/19 & 2/16)

Time: 5:00 - 6:30 pm

Fee: FREE for City Residents

**** Registration for each session is required**
This program is a fun evening for families to get together and enjoy the pool at the UCONN-AVERY POINT campus. Adults must stay, Not a drop off activity.

Open to City Residents and City Employees ONLY

ADULT SWIM

Avery Point Pool
1084 Shennecossett Road, Groton

When: Tuesdays and Thursdays
(Beginning September 5)

Time: 9:00 am to 11:00 am

Fee: FREE

**** Registration prior to attending is necessary**

This program is intended for **ADULTS ONLY**
(18 years +)

Open to City Residents and City Employees ONLY

GOLF LESSONS at Great Brook Golf Center

Chris Hedden promotes a fun and relaxed learning environment. He will cover the following fundamentals: grip, stance, posture, backswing, follow-through, sand shots, downswing, chipping, putting, equipment information, and golf etiquette.

Participants will need the following equipment: A 3 wood, 7 iron, pitching wedge, and a putter. If you do not have clubs, equipment is available. Each student must purchase a basket of golf balls for each lesson.

Fee: Residents \$150 Non-Residents \$160

ADULT GOLF LESSONS			YOUTH GOLF LESSONS Ages: 8 – 15		
Fall I :	Wed, Sept. 4– Oct 2	10–11 am	Fall I	Sat, Sept. 7– Oct. 5	11 am—Noon
Fall II:	Wed, Sept. 4– Oct 2	6–7 pm			

WOMEN ONLY

A calm, relaxing instruction class for women of all abilities.
Grab a friend and enjoy!

Fall I: Thursdays, Sept 5 – Oct 3, 2024 10-11 am

Fall II: Thursdays, Sept 5 – Oct 3, 2024 6–7 pm

Fall III: Mondays, Sept. 9- Oct. 7, 2024 10-11 am

Fall IV: Mondays, Sept.9- Oct. 7, 2024 6–7 pm

Fee: Residents: \$150 Non-residents: \$160



Life Saving Classes

Child and Babysitting Safety & CPR AED/First Aid

The new **Child and Babysitting Safety (CABS) program** from ASHI gives teenagers and young adults everything they need to know for safe and successful babysitting. From getting started with their business, to dealing with parents and children, to key safety, caregiving, and first aid tips, the magazine-format CABS guide and vlogger-style video make learning fun. First aid, CPR and use of an AED are included. This course empowers students to act with confidence in the event of an emergency at home or in the community.

Students should be at least 12 years old for this class. Certificates will be emailed within a week of class.

Saturday, September 28

Time: 9:00 am—4:00 pm (bring a bag lunch)

Ages: 12 and above

Place: Council Chambers, City Municipal Building, 295 Meridian St, Grtn

Fee: \$80.00 per person

Registration deadline is Monday, September 25th **Limit: 16 students**



CPR AED for Adults (18 +)

American Heart Association Heartsaver CPR AED For Adults (Ages 18 +)

Reflecting the latest science and education from the 2020 AHA Guidelines for CPR and Emergency Cardiovascular Care (ECC), the AHA's Heartsaver courses provide students the highest quality training in the lifesaving skills of CPR and use of an AED.

This course empowers students to act with confidence in the event of an emergency at work, home, or in the community. This course is approximately 2½ hours long. *Certificates are awarded*

Saturday, October 26

Time: 10:00 am—12:30 pm

Ages: 18 +

Limit: 9 students

Place: Council Chambers, City Municipal Building, 295 Meridian St, Groton

Fee: \$60.00 per person

Registration deadline is Monday, October 16th

CPR AED for Youth Ages 13-18

Saturday, November 9

Time: 10:00 am—12:30 pm

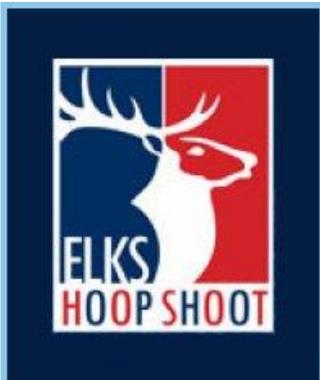
Ages: 13—18

Limit: 9 students

Place: Council Chambers, City Municipal Building, 295 Meridian St, Groton

Fee: \$60.00 per person

Registration deadline is Monday, Monday, November 27th



Groton Lodge of Elks HOOP SHOOT

Monday, December 16, 2024 at Thames River Magnet School

Registration: 6 pm | Contest starts: 6:30 pm

Open to ages: 8-13 (age as of 4/1/2025)

Boys & Girls welcome

This will be in place of the Shoot Straight Basketball Clinic

City of Groton, Parks and Recreation ~ 860-446-4128

SHOOT STRAIGHT BASKETBALL 2024-2025

Grades 1 & 2

Saturdays, starting December 7, 2024 - March 8, 2025
9:30-11:00 am (no class 12/21, 12/28)

Grades 3-5

HOOP SHOOT on Dec 16th

Mondays, starting November 25, 2024 – March 3, 2025
6:00 pm – 7:30 pm (no class 12/23, 12/30, 1/20)

The above programs are for both boys and girls emphasizing fundamentals, physical fitness, sportsmanship, equal play and teamwork. This program helps develop a youngster's positive self-image and teaches youngsters that sports can be played for FUN.



Location: Thames River Magnet School, 250 Brandegee Ave, Groton

Fee: \$40.00/Residents

\$50.00/Non-Residents

Jerseys are provided



KARATE

Program will be offered to boys and girls and will run in five week sessions. The kids will learn Concentration, Self-Confidence, and Listening Skills while practicing the art of modern and traditional Tae Kwon Do. Through drills, students will; earn respect, manners, self-defense (Stranger Danger), and improved fitness. This is an introductory program and uniforms are not required for the first 5 weeks.

All classes are taught by Bob Chester, a 6th degree Black belt.

Session I

Tuesdays, September 24 – October 22, 2024

Session II

Tuesdays, November 12 – December 17, 2024

(No Class December 10th)

Session III

Tuesdays, January 7– February 4, 2025

Session IV

Tuesdays, February 25 – March 25, 2025

Ages & Time:

5 – 7 year olds 5:00 pm – 5:30 pm

Fee: \$40.00/ 5 week session

8-12 year olds 5:30 pm – 6:15 pm

Fee: \$50.00/ 5 week session

** Minimum of 4 students needed to hold class.

All sessions are held at Thames River Magnet School, 250 Brandegee Ave, Groton

All NEW CLASSES!

ADULT TENNIS LESSONS

8 week session | Thursdays, September 12—October 31 | 5-6 pm

This adult program is for brand-new, beginner or returning novice players 18 and over. Led by a USTA-approved coach, we focus on FUN and learning the basics. Get great exercise while developing the skills to serve, rally, play tennis.

Fee: \$80.00

All players in their first session receive a free tennis racket!

Held at our Washington Park Tennis Courts



Make Your Own Tea Workshop | Sunday, October 6th from 3-4 pm | Zbierski House at EPB

Learn about 10 different herbs used commonly in teas and create your own unique blend to take home. Benefits of the herbs, how to brew it, shelf life and packaging will all be covered. Chocolate will be paired to compliment flavorings.



Chai Tea Workshop | Monday, November 11th from 3-4 pm | Zbierski House

We will explore chai tea spices along with tea bases. Learn about what each spice is good for and how each tea base will change the taste of the tea. Bring home your own chai tea creation and enjoy some chocolate pairing.

Make and Take Tea Workshop | Saturday, December 14th from 3-4 pm | Zbierski House

Ten herbs will be explored and learn about each of its properties. Make your own unique blend to take home as well as one you can give as a gift for the holidays. Gift wrap and jars will be supplied. Two winter teas will be tasted and paired with chocolates.

Fee: \$40 per person | Held at 1 Beach Pond Rd, Groton | Presented by Thyme for Tea CT

Soap Making

BerryNiceCo

Melt & Pour SOAP MAKING

Friday, October 18th from 6-8 pm at the City Municipal Building Auditorium



Join professional soap maker, Tamara Berry, for a fun and educational class on making soaps with natural ingredients. Body safe additives like colors, fragrance oils, botanicals and more will be provided to help make your design choices!

Friday, November 15th from 6-8 pm at the City Municipal Building Auditorium

Same Melt & Pour Soap Making Class— Make a Christmas Gift to take home!

Fee: \$25.00 Attendees will leave with about 1/2 pound of your own melt and pour custom soap!

September Community Events

TEAM PUZZLE CHALLENGE

300 PIECE EPB PUZZLE. 2 HOURS.
CAN YOUR TEAM FINISH FIRST?

FRIDAY, NOVEMBER 8TH, START TIME IS 6:30 PM
GROTON CITY MUNICIPAL BUILDING

Register your team (4 people max) at
[cityofgroton.com/Parks & Recreation](http://cityofgroton.com/Parks%20&%20Recreation) or call us at
860-446-4128. Each Team gets the same custom
Eastern Point Beach puzzle and will keep it.

Fee: \$10 per Team

Prize for the
fastest
puzzle team!

Groton City Farmers Market

Every Tuesday from 3-6pm
through End of October at Washington Park
(155 Meridian St, Groton)

Vendors bringing locally grown fresh fruits and vegetables, plants, meats, fish & scallops, eggs and cheeses, baked goods, soaps, honey, kombucha, oils and other specialty items.



Winter Pop-Up Markets 2024-2025

Inside the Auditorium of the City Municipal Building, 295 Meridian Street

Second Sunday of the month November—April from 11 am—2pm

November 10 & December 8, 2024, January 12, February 9, March 9,
and April 13, 2025

October Fun!

GROTON CITY HAUNTED TRAIL

A TRAIL MAP WILL BE CREATED OF ALL THE REGISTERED HOUSES DECORATED IN A CREEPY, HALLOWEEN OR FALL THEME.

Register your city address no later than Monday, October 21st to be included on the map. Vote for your favorite Creepiest, Most Creative or Silliest decorations.

Trail will be open from Wed, October 23rd to Wed, November 6th

Formally
known as
the Scarecrow
Trail

Registered houses should email a picture of their decorations to pr@cityofgroton.com by Wed, Oct 23rd

Our last Farmer's market outdoors at Washington Park is on Tuesday, October 29th from 3-6 pm.

Winter Pop-Up Markets 2024-2025

Inside the Auditorium of
the City Municipal Building, 295 Meridian Street
**Second Sunday of the month November—April
from 11 am—2pm**

November 10 & December 8, 2024, January 12,
February 9, March 9 and April 13, 2025



CITY of GROTON
FARMERS' MARKET

Spooktoberfest—Food Truck Festival

Sponsored By



Wow!

FREE ADMISSION & PARKING

SPOOKTOBERFEST Groton HALLOWEEN FOOD TRUCK FESTIVAL



AT

Washington Park



T & BLUES BAND

Sat. 4-7

**Sat. & Sunday
Oct. 26th & 27th
12 to 8pm**

Presented By

Eastside Festivals



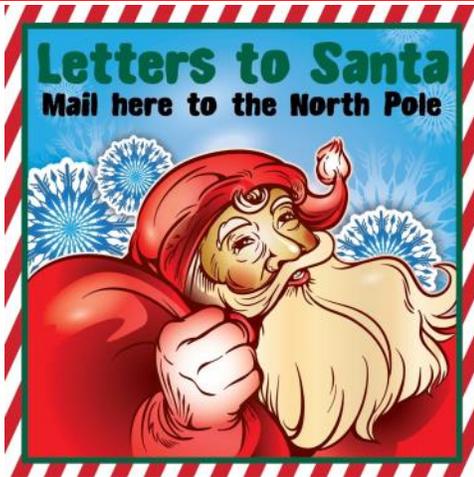
Andre, Eddie & Friends

Sun. 4-7

**Food Truck Convoy,
Haunted Maze,
Vendors, Scare Zones
Live Bands,
Trick or Treating,
Bounce Houses...**



December Fun!



Letters to Santa

begins on **Monday, November 25th** and continues until Thursday, December 12th.

The City of Groton Parks & Recreation Department will set up a special mailbox for this so that letters will go straight to the North Pole!

Don't forget a return address for a reply from Santa!

Or mail your letter to 295 Meridian Street, Groton, CT 06340 and we will put it in the mailbox for you.



Save the Date



SANTA IN THE CITY

Saturday, December 14

Santa will depart the Municipal Building at 1 pm for a cruise around the City spreading holiday cheer with Mrs. Claus



HOLIDAY LIGHTS TRAIL

2024



Wed, December 4th—Wed, December 18th

Show your family's Holiday Spirit! Register your City address as participating on our website or with our office **by Monday, December 2nd. No fee to enter!**

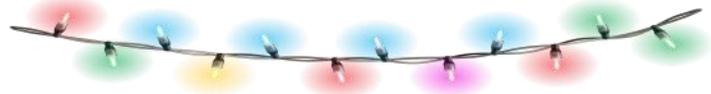
A Holiday Lights Trail Map will be posted for all to follow and vote for their favorites. City Award, Airy Award, Spirit Award & People's Choice will all be awarded!

NEW THIS YEAR:

Register as a single address OR

Register your street—Challenge your neighboring streets!

Each address is required to send in a picture of their decorations to pr@cityofgroton.com by Wednesday, Dec 4th



City of Groton Police Department



CHILD SAFETY SEAT FITTING STATION DAY!



When: Friday, September 20, 2024 from 9:00 AM until 12:00 PM.
Please call Juliette Parker at (860) 446-4154 to reserve your time.

Where: **295 Meridian Street, Groton, CT 06340 (Follow signage)**

Overview: Certified safety seat technicians will provide free safety seat checks; educate parents and caregivers on the proper installation of child safety seats. This event is part of the Child Passenger Safety Week, sponsored by the City of Groton Police Department, Safe Kids and the Connecticut Department of Transportation.



CITY OF GROTON POLICE DEPARTMENT PRESENTS ITS



THURSDAY **05** AT 6:00 PM

DECEMBER

295 MERIDIAN STREET, GROTON, CT

*Meet Santa and all his helpers
Special Musical Guests*



City of Groton Police Department's
STUFF A CRUISER
Full of toys, food and coats for local distribution
at 295 Meridian Street, Groton, CT from 10 a.m. to 2 p.m. on Sunday, December 8, 2024

Visit the Winter Market in the City Municipal Building on Sunday, December 8th and bring your donations to help us Stuff A Cruiser while you're there!



Community Share!

Fall Story Time

At the Bill Memorial Library



Mondays at 10:00 AM

September 16 - November 4

(no session October 14)

FUN STORIES & LIVE MUSIC!



Suited for ages birth -5
but all ages welcome.



No registration required.



BILL MEMORIAL LIBRARY

240 MONUMENT ST. GROTON 860-445-0392
billmemorial.org FB billmemorial



MUSIC & MOVEMENT

At the Bill Memorial Library

TUESDAYS 10:00 - 10:30AM

SEPTEMBER 17 - NOVEMBER 12

No Session October 1

JOIN US FOR SONGS & ACTIVITIES

WITH LIVE MUSIC!

We'll have you and your little one moving
and grooving as we sing, stretch and
explore music with instruments.

This program is supported by CT Humanities.

No registration necessary.

Call 860-445-0392

for more information.



The Bill Memorial Library

240 Monument St. Groton, CT 06340

860-445-0392 billmemorial.org

FB Bill Memorial Library Instagram @billmemorialgrotonct

Holiday Family Portraits

Bill Memorial Library

Take your family's holiday photo at the Library
this year! We provide the holiday-themed
backdrop, you take the photos. You are welcome
to bring your own props. Sign up for 10-minute
time slots. Check our web page and Facebook
page for more information.

Friday, November 1

5:00 - 7:00 PM (pets welcome)

Saturday, November 2

10:00 AM - 3:00 PM

860-445-0392

billmemorial.org



City Public Works Department—860-446-4127

Fall Leaf Collection:

Wednesdays,
October 23 & 30, November 6, 13, & 20
(no Pick Up 11/27) and December 4, 2024

Please do **not** sweep leaves into the street or road. Leaves accumulate into catch basins and clog them creating drainage problems.



NOTE: If you have leaves that need to be picked up after the official Leaf Collection is over, please call the Highway Office at 860-446-4127 and leave your name, address, phone number and about how many bags of leaves you have and we will pick them up on a Wednesday. One week notice is required.

Please do **not** sweep your leaves into the street or road. Leaves accumulate into the catch basins and clog them up creating drainage problems.

LEAVES WILL NOT BE COLLECTED IF PLACED IN PLASTIC BAGS.

Christmas Tree Collection:

Wednesdays,
January 8, 15, 22 & 29, 2025

Please have your Christmas trees curbside by 7:00 AM for pickup.

DO NOT PLACE CHRISTMAS TREES IN PLASTIC BAGS

Call 860-446-4127 with any questions

City of Groton Pickup Schedule for Trash, Recycling and Bulky Waste

It is important that you have your items out for pick up by the following times (NO exceptions)
6:00 AM— Memorial Day to Labor Day (Summer Schedule)
7:00 AM—Rest of the year

Most all routes and starting points have changed, therefore, the time we arrive at your house has also changed. It is imperative for you to have your items out in time.

Trash & Recycling Pickup Schedules for Holidays:

- ✦ If a holiday falls on a Monday, and this is your pickup day, it will be picked up on Tuesday morning
- ✦ If a holiday falls on a Tuesday, and this is your pickup day, it will be picked up on Wednesday morning
- ✦ If a holiday falls on a Wednesday, and this is your pickup day, it will be picked up Thursday morning
- ✦ If a holiday falls on a Thursday, and this is your pickup day, it will be picked up on Friday morning*
- ✦ If a holiday falls on a Friday, and this is your pickup day, it will be picked up on Thursday morning*

*For Thanksgiving Day and the Day after Thanksgiving, if these are your pickup days, Thursday Thanksgiving Day will be picked up on Wednesday morning and Friday the Day-After Thanksgiving Day will be picked up on the following Monday morning.

The City of Groton Sanitation Dept. sells trash and recycling carts as follows:

95 gallon Green Otto Trash Carts for \$89.00 each

65 gallon Green Otto Trash Carts for \$79.00 each

65 gallon Blue Otto Recycling Carts for \$79.00 each

We will take only 1-2 cans or bags of yard clippings, brush or hedges with your trash. **Call 860-446-4127 with any questions**



Eastern Point Beach—Everyone's favorite spot!

Year round rental for your next family party

Zbierski House

at Eastern Point Beach

with breathtaking views of Long Island Sound!

3 Beach Pond Rd, Groton

House holds 50 people.

City of Groton residents \$30.00 per hour
Non-residents \$60.00 per hour

*** Business rates differ.

\$100.00 security deposit (refundable)

Tables and chairs for 50 are included. Limited kitchen on premise.
Additional parking fees apply during open beach season.
First floor, 2 restrooms and attached porch for your use.
Year round rental!



Visit cityofgroton.recdesk.com or
call 860-446-4128 for further details.

PERSONALIZED PAVERS AT EASTERN POINT BEACH

Add your paver to our personalized
paver walkway facing the
Tyler House.

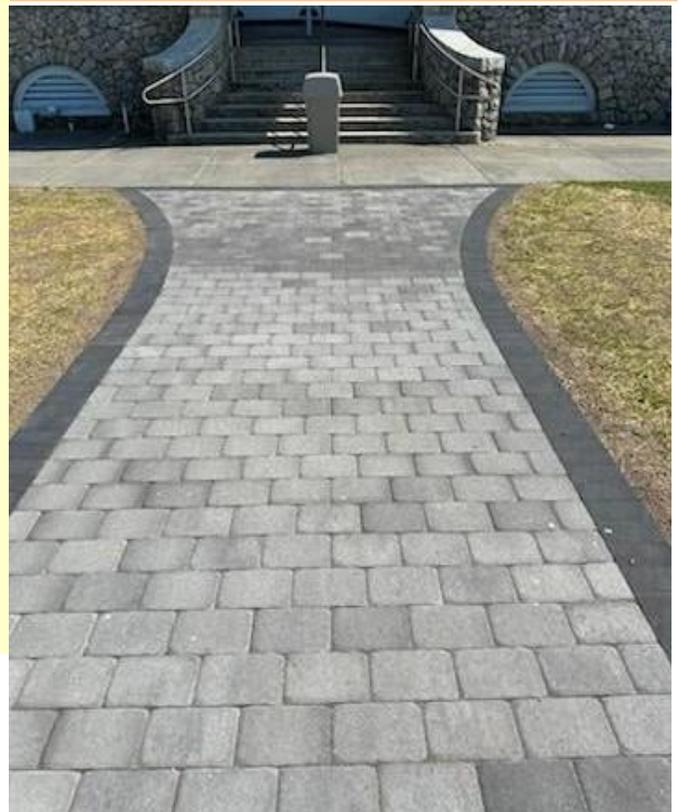
\$225.00 / 4 lines max.

Payment is due with order form.

See our website for the order form:

<http://cityofgroton.com>, Parks & Recreation

Call us with any questions at 860-446-4128



*Honor someone, a special
moment or in memory of.*





**CITY OF GROTON
PARKS AND RECREATION DEPARTMENT
PROGRAM REGISTRATION FORM**

Name / Parent or Guardian _____ Email _____

Street Address _____

City _____ State _____ Zip _____

Home Phone # _____ Work Phone # _____

Emergency Contact _____ Phone # _____

(Someone other than parent, you will be called first)

PROGRAM	PARTICIPANT'S NAME	DOB	M/F	FEE	GRADE	AGE

I do _____ I do not _____ give permission for myself or my family to appear in any media coverage approved by the Department of Parks and Recreation.

Chronic/Recurring illness (diabetes; asthma) _____

Allergies to food/medication: _____

Does your child use an Epi-Pen? _____ Inhaler? _____ Other: _____

Injuries or specific restrictions: _____

Physician's Name and Phone: _____

I hereby understand and agree that the City of Groton Parks & Recreation Department, its employees, volunteers and commissioners will not be held liable for any accident or injury incurred by participants while traveling to and from or participating in the above mentioned trips or activities.

Individuals with disabilities who require accommodation to participate in a program should request accommodation from the Parks & Recreation Department at or before registration. Documentation supporting the need and the extent of the accommodation may be required.

Signature _____

Printed Name _____

Date _____

For more information call Parks & Recreation Office at 446-4128

Make checks payable to: **City of Groton**

Mail to: City of Groton, Parks & Recreation, 295 Meridian Street, Groton, CT 06340

How did you hear about this program/Event? _____ Brochure _____ Social Media _____ Website
 _____ Other (please specify) _____



City of Groton
295 Meridian St
Groton, CT

**From the Fire
Department**



Daylight Savings
time is at
2:00 am on

Sunday,
November 3, 2024.

Don't forget to set your clocks
back one hour.



GROTON UTILITIES
At Your Service

Clean, affordable water | Reliable, economical electric power



Always At Your Service | www.grotonutilities.com